

Dydroclub 10 Tablet

Dydrogesterone (10 mg) Tablet

Composition:

Each tablet contains:

- **Dydrogesterone: 10 mg**

Pharmacological Class:

- **Synthetic Progestogen (Hormonal Therapy)**

Indications:

Dydrogesterone is used in the treatment and management of various conditions associated with progesterone deficiency, including:

- **Gynecological Conditions:**
 - Secondary amenorrhea
 - Dysfunctional uterine bleeding
 - Premenstrual syndrome (PMS)
 - Irregular menstrual cycles
 - Endometriosis
 - Luteal phase support in assisted reproductive technology (ART)
- **Pregnancy-Related Indications:**
 - Prevention of recurrent miscarriages
 - Treatment of threatened miscarriages
- **Hormone Replacement Therapy (HRT):**
 - Used in combination with estrogen therapy to prevent endometrial hyperplasia in postmenopausal women

Mechanism of Action:

Dydrogesterone is a progestogen that mimics the activity of natural progesterone. It helps regulate the menstrual cycle, supports pregnancy, and prevents abnormal growth of the uterine lining in various hormonal conditions.

Dosage and Administration:

- **Dysfunctional Uterine Bleeding:** 10 mg twice daily for 5–10 days.
- **Endometriosis:** 10 mg two or three times daily from day 5 to day 25 of the menstrual cycle.
- **Secondary Amenorrhea:** 10 mg twice daily for 14 days after estrogen therapy.

- **Threatened Miscarriage:** 40 mg initially, followed by 10 mg every 8 hours until symptoms subside.
- **Recurrent Miscarriage:** 10 mg twice daily until at least the 20th week of pregnancy.
- **Hormone Replacement Therapy (HRT):** 10 mg daily for the last 14 days of a 28-day estrogen therapy cycle.
Dosage may vary based on the specific condition being treated and the patient's response to therapy. Always follow the healthcare provider's instructions.

Contraindications:

- **Hypersensitivity to Dydrogesterone or any excipients in the tablet.**
- **Known or suspected progesterone-dependent tumors.**
- **Undiagnosed vaginal bleeding.**
- **Severe liver disease.**

Warnings and Precautions:

- **Liver Function:** Use with caution in patients with liver impairment; regular liver function monitoring is recommended.
- **Pregnancy:** Safe for use in pregnancy when prescribed for threatened or recurrent miscarriage.
- **Breastfeeding:** Limited data on excretion into breast milk; consult a healthcare provider before use.
- **Thromboembolic Disorders:** Use with caution in patients with a history of thromboembolic conditions.
- **Hormonal Monitoring:** Regular follow-up is recommended for long-term use.

Side Effects:

Common side effects include:

- Nausea
- Headache
- Breast tenderness
- Dizziness
- Abdominal pain
- Mood swings

Rare but serious side effects:

- Allergic reactions (e.g., rash, swelling, difficulty breathing)
- Jaundice or other liver dysfunction symptoms
- Unusual vaginal bleeding

Drug Interactions:

- Enzyme Inducers (e.g., rifampicin, phenytoin): May reduce the effectiveness of Dydrogesterone.
- Antiepileptic drugs: Use with caution due to potential interaction.

Storage:

- Store below 25°C in a dry place, away from direct light and moisture.
- Keep out of reach of children.

Packaging:

Available in blister packs or bottles containing 10 or 20 tablets.

Manufacturer:

- [Manufacturer Name]

Note:

Always take this medication under the guidance of a healthcare provider. Report any unusual symptoms or side effects promptly for appropriate management.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for